

# CATALOGUE

## ASAVAS & ARISHTAS

### AAMALAKAASAVAM

Ashtangahrudayam  
Prameha chikitsa.

**Indications:** Diabetes, excessive thirst, and general weakness,

**Dose & Mode of Use:** 30 ml twice daily before or after food

### AARAGWADHAADIAASAVAM

Ashtangahrudayam  
Shodhanaadi ganam.

**Indications:** All skin diseases, kapha based ailments, itching, leucoderma, and foul wounds.

**Dose & Mode of Use:** 15-30 ml twice daily.

### ABHAYAARISHTAM

Ashtangahrudayam  
Arsas chikitsa.

**Indications:** Piles, constipation, ascitis and dropsy. Remove obstructions to urine.

**Dose & Mode of Use:** 15-30 ml, twice daily after food.

### AMRUTAARISHTAM

Bhaishajjaratnaavali  
Jwara chikitsa.

**Indications:** All types of fevers, malaria, indigestion etc.

**Dose & Mode of Use:** 15-30 ml, twice daily after food.

### ARAVINDAASAVAM

Sahasrayogam

**Indications:** General tonic for children, appetizer

**Dose & Mode of Use:** 5-15 ml, twice daily

### ASHOKAARISHTAM

Bhaishajjaratnaavali  
Pradara chikitsa.

**Indications:** Menorrhagia, metrorrhagia, vaginal discharges etc.

**Dose & Mode of Use:** 15-20 ml, twice daily after food.

### ASHWAGANDHAARISHTAM

Bhaishajjaratnaavali  
Moorchaaroga chikitsa.

**Indications:** Dullness, loss of memory, sluggishness, epilepsy, insanity and emaciation. It increases the ojas and nourishes all dhatus.

**Dose & Mode of Use:** 15- 30 ml, twice daily after food.

### **AYASKRITI**

Ashtangahrudayam

Prameha chikitsa

**Indications:** Diabetes,piles,leucoderma, skin diseases, anorexia, worms,obesity and grahani.

**Dose & Mode of Use:** 15-25 ml daily after food.

### **BALAAARISHTAM**

Bhaishajiaratnaavali

Vaatachikitsa

**Indications:** Rheumatic and nervous diseases.

**Dose & Mode of Use:** 15-30 ml twice or thrice daily

### **CHANDANAASAVAM**

Bhaishajiaratnaavali

Suklameha chikitsa

**Indications:** Gleet, spermatorrhoea, burning micturition etc.

**Dose & Mode of Use:** 15-25 ml twice or thrice daily

### **CHITRAKASAVAM**

Ashtangahrudayam

Switra chikitsa

**Indications:** Leucoderma, skin diseases, anaemia etc.

**Dose & Mode of Use:** 15-30 ml twice or thrice daily

### **DANTIARISHTAM**

Ashtangahrudayam

Arsas chikitsa.

**Indications:** Constipation, ascites, etc. Mild laxative.

**Dose & Mode of Use:** 15-30 ml twice daily

### **DASHAMOOLAARISHTAM**

Bhaishajiaratnaavali

Vajeekaranaadhikaram.

**Indications:** This is a divine medicine in promoting ojas,seminal and general strength.Indicated in gas troubles, hiccough,cough , sprains, urinary troubles like calculus,gravels and strained micturation. etc.

**Dose & Mode of Use:** 15-25 ml twice daily.

### **DASHAMOOLAJEERAKAARISHTAM**

**Indications:** This is a combination of yogas of both Dasamoolarishtam and Jerrakarishtam and can be used as a general health tonic.

**Dose & Mode of Use:** 15-25 ml twice daily.

### **DHANUANTHARAARISHTAM**

Ashtangahrudayam

Garbhaviapachikitsa

**Indications:** Disease of purperum and postnatal care.

**Dose & Mode of Use:** 10-30 ml, twice daily

### **DRAAKSHARISHTAM**

Shaarnghadharasamhita.

**Indications:** Anaemia, general weakness, pandu, grahani etc.

**Dose & Mode of Use:** 25-50 ml twice daily

### **DURAALABHAARISHTAM**

Ashtangahrudayam

Arsas chikitsa

**Indications:** Piles, constipation, indigestion etc.

**Dose & Mode of Use:** 15-25 ml, twice daily before meals.

### **JEERAKAARISHTAM**

Bhaishajjaratnaavali

Sootika rogam

**Indications:** Puerperal diseases, asthma, consumption, loss of voice, hiccoughs etc.

**Dose & Mode of Use:** 15-30 ml twice daily.

### **KANAKAASAVAM**

Bhaishajjaratnaavali

Hikkaswasa chikitsa.

**Indications:** Asthma, consumption, chronic fever, raktapitta etc.

**Dose & Mode of Use:** 15-30 ml twice daily before meals.

### **KHADIRAARISHTAM**

Bhaishajjaratnaavali

Kushta chikitsa.

**Indications:** Skin diseases, leprosy, heart diseases, anaemia, gulma, worms etc.

**Dose & Mode of Use:** 15-30 ml, twice daily before meals.

### **KUMAARYAASAVAM**

Sahasrayogam

**Indications:** Menstrual complaints, uterine tonic.

**Dose & Mode of Use:** 10-30 ml, twice daily

### **KUTAJAARISHTAM**

Bhaishajjaratnaavali

Atisara chikitsa

**Indications:** Dysentery, haemorrhoids, grahani, chronic fever etc.

**Dose & Mode of Use:** 15-30 ml, twice daily after food.

### **LODHRAASAVAM**

Ashtangahrudayam

Prameha chikitsa.

**Indications:** Diabetes, piles, skin troubles, anorexia, worms, anaemia, grahani etc.

**Dose & Mode of Use:** 15-30 ml, twice daily after food.

### **LOHAASAVAM**

Bhaishajjaratnaavali  
Jwara chikitsa.

**Indications:** Anaemia, dropsy, splenic disorders, diabetes, gulma, asthma, fistula etc.

**Dose & Mode of Use:** 15-25 ml twice or thrice daily after food.

### **MADHOOKAASAVAM**

Ashtangahrudayam  
Grahani chikitsa.

**Indications:** Grahani, mandagni etc.

**Dose & Mode of Use:** 15-30 ml twice daily.

### **MUSTAARISHTAM**

Bhaishajjaratnaavali  
Agnimandya chikitsa.

**Indications:** Grahani, poor digestion, diarrhoea, anorexia etc.

**Dose & Mode of Use:** 15-25 ml twice daily.

### **NIMBAAMRITAASAVAM**

Ashtangahrudayam  
Vataviadichikitsa

**Indications:** Vata ailments, bone degeneration, Vata Raktham etc.

**Dose & Mode of Use:** 10-30 ml, twice daily

### **PAARTHAARISHTAM**

Bhaishajjaratnaavali  
Hridroga chikitsa.

**Indications:** Heart diseases, anaemia etc.

**Dose & Mode of Use:** 15-30 ml twice daily.

### **PATOLAAARISHTAM**

Ashtangahrudayam  
Shodhanaadi ganam.

**Indications:** Itches, fever, vomiting and loss of appetite. Specially indicated in skin diseases due to any poison.

**Dose & Mode of Use:** 15-50 ml twice daily.

### **PIPPALIASAVAM**

Sarngadhara samhita.

**Indications:** Indigestion, anaemia, grahani and splenic diseases.

**Dose & Mode of Use:** 25-50 ml twice daily.

### **POOTEEKAASAVAM**

Ashtangahrudayam  
Arsas chikitsa.

**Indications:** Piles, gulma, distended stomach, constipation etc.

**Dose & Mode of Use:** 15-30 ml twice daily.

### **POOTEEKARANJAASAVAM**

Ashtangahrudayam

Arsas chikitsa.

**Indications:** Piles and associated symptoms, gulma, distended stomach, constipation, strained micturition and calculus.

**Dose & Mode of Use:** 15-30 ml twice daily.

### **PUNARNAVAASAVAM**

Bhaishajiaratnaavali

Shobha chikitsa.

**Indications:** Dropsy, anaemia etc.

**Dose & Mode of Use:** 25-30 ml twice daily.

### **SAARASWATAARISHTAM**

Bhaishajiaratnaavali

Rasayanaadhikaram.

**Indications:** Epilepsy, insanity, and faults of speech. Excellent to promote intelligence.

**Dose & Mode of Use:** 5-10 ml twice daily.

### **SHAARIBAADIAASAVAM**

Bhaishajiaratnaavali

Prameha chikitsa.

**Indications:** Diabetes and diabetic abscesses.

**Dose & Mode of Use:** 15-25 ml twice daily.

### **VAASHAARISHTAM**

Gadanigraham

**Indications:** Cough, raktapittam and kapha diseases etc.

**Dose & Mode of Use:** 10-15 ml at regular intervals.

### **VARANAADIARISHTAM**

Ashtanga hrudayam

Shodhanaadi ganam.

**Indications:** Head-ache, kapha diseases etc.

**Dose & Mode of Use:** 15-30 ml twice daily before food.

## **BHASMAS, KSHARAS, & RASAKRIYAS**

### **HREEBERAKSHAARAM**

Ashtangahrudayam

Switra chikitsa

**Indications:** Shwitram.

**Dose & Mode of Use:** External application with suitable oils like Akshatailam.

### **ILANEERKUZHAMPU**

Sahasrayogam.

**Indications:** Ptergiums, cataract, corneal ulcers, inflammations, night blindness and pittaja netrarogas.

**Dose & Mode of Use:** 1 to 4 drops.

### **KALIAANAKSHAARAM**

Ashtaamgahrudayam

Arsas chikitsa

**Indications:** Udawarta, piles, gulma, anaemia, ascitis, urinary obstruction, calculus etc.

**Dose & Mode of Use:** 2-5 gms mixed with ghee.

## **POWDER**

### **ASHTACHOORNAM**

Ashtangahrudayam

Gulma chikitsa.

**Indications:** Vatagulma, stomach ache, indigestion, grahani, loss of appetite etc.

**Dose & Mode of Use:** 2-5 gms with ghee before meals.

### **AVALGUJABEEJADI CHOORNAM**

Ashtangahrudayam

Switra chikitsa.

**Indications:** Switram.

**Dose & Mode of Use:** Apply externally by making it a paste in cow's urine or coconut oil.

### **AVIPATTI CHOORNAM**

Ashtangahrudayam

Virechana kalpam.

**Indications:** Purgative in Pitta based ailments and toxic conditions.

**Dose & Mode of Use:** 5-15 gms early in the morning or at bed time.

### **CHOORNARAJAN**

Sahasrayogam.

**Indications:** Indigestion, colic and in Vatakapha ailments.

**Dose & Mode of Use:** 5-10 gms in boiled buttermilk.

### **DAADIMAASHTAKA CHOORNAM**

Ashtangahrudayam

Atisara chikitsa.

**Indications:** Grahani, dysentery, indigestion etc.

**Dose & Mode of Use:** 5-10 gms with honey or boiled buttermilk before food.

### **ELAADICHOORNAM ( GANDHACHOORNAM )**

Ashtangahrudayam

Shodhanadi ganam.

**Indications:** Vata & Kapha based diseases, itches, scabies, pruritis, toxic conditions etc.

**Dose & Mode of Use:** External application with suitable oils or water.

### **GRUHADHOOMAADI LEPACHOORNAM**

Ashtangahrudayam

Vatarakta chikitsa.

**Indications:** Pain and oedema of Vatarakta.

**Dose & Mode of Use:** Apply externally after making a paste with boiled butter milk or Dhaaniaamlam.

### **GULGULUPANCHAPALA CHOORNAM**

Ashtangahrudayam

Bhagandara pradishedham.

**Indications:** Anal and other fistula, skin diseases, wounds etc.

**Dose & Mode of Use:** 2-5 gms to be taken with honey or ghees like Gulgulutiktakam.

### **HARIDRAAKHANDAM**

Bhaishajiaratnaavali

Seetapitta udarda chikitsa.

**Indications:** Allergic diseases, rhinitis, vicharchika, itches, kodham and Kapha ailments etc.

**Dose & Mode of Use:** 5-10 gms twice daily.

### **HINGUVACHAADI CHOORNAM**

Ashtangahrudayam

Gulma chikitsa.

**Indications:** Gulma, intestinal and urinary obstructions, dyspepsia, diarrhoea, hydrocele, piles, asthma, cough etc.

**Dose & Mode of Use:** 5-10 gms

### **HUTABHUGADI CHOORNAM**

Sahasrayogam

**Indications:** Laxative. Piles and related pallor, dropsy, indigestion etc.

**Dose & Mode of Use:** 5-10 gms twice a day in buttermilk.

### **INDUPPUKAANA CHOORNAM**

Sahasrayogam.

**Indications:** Improves digestion and helps bowel movements.

**Dose & Mode of Use:** 5-10 gms in hot water or butter milk.

### **JATAAMAYAADI CHOORNAM**

Sahasrayogam.

**Indications:** Vaatakartta, burning sensation and oedema in rheumatic diseases etc.

**Dose & Mode of Use:** Apply externally cooked in butter milk or Dhaaniaamlam

### **KACHCHOORAADI CHOORNAM**

Sahasrayogam.

**Indications:** Head-ache, burning sensation, giddiness, confusion of mind etc.

Gives sound sleep.

**Dose & Mode of Use:** May be applied over the crown after mixing with breast milk or suitable medicated oils or ghees.

### **KARPOORAADI CHOORNAM**

Sahasrayogam.

**Indications:** Cough, consumption, indigestion, loss of appetite etc.

**Dose & Mode of Use:** 5-10 gms a day in honey, or in small doses at intervals.

### **KOLAKULATHAADI CHOORNAM**

Ashtangasamgraham

Vataviadhi chikitsa.

**Indications:** For making poultice for Sweda karma in Vata based ailments, rheumatism etc.

**Dose & Mode of Use:** Rub the poultice on affected part after cooking with Dhaaniaamlam or buttermilk.

### **KOTTAMCHUKKAADI CHOORNAM**

Sahasrayogam

**Indications:** Vata ailments, rheumatism etc.

**Dose & Mode of Use:** External application after cooking with Dhaaniaamlam.

### **LODHRAADI CHOORNAM**

Ashtangahrudayam

Lootaavisha pradishedham.

**Indications:** Lootaavisham.

**Dose & Mode of Use:** Both internal and external applications.

### **NIMBAADI CHOORNAM**

Ashtangahrudayam

Kushta chikitsa.

**Indications:** Skin troubles, itches especially on testicles, in the groins and armpits.

**Dose & Mode of Use:** Mix in sour buttermilk and apply or rub over the affected parts.

### **PANCHAKOLA CHOORNAM**

Patent

**Major Ingredients:** Panchakolam.

**Indications:** Indigestion, cough, asthma, rhinitis and grahani.

**Dose & Mode of Use:** 2-5 gms in buttermilk, hot water or honey.

### **PULINKUZHAMBU CHOORNAM**

Sahasrayogam.

**Indications:** Menstrual disorders, use in Soothikacharya.

**Dose & Mode of Use:** 15-20 gms with butter milk twice daily.

### **PUSHIAANUGA CHOORNAM**

Ashtangahrudayam

Guhiaroga chikitsa.

**Indications:** Leucorrhoea, diarrhoea, bleeding piles, yonirogas, raktapitta etc.

**Dose & Mode of Use:** 5-10 gms to be taken in rice washings or in honey or in both.

### **RAASNAADI CHOORNAM**

Sahasrayogam

**Indications:** Catarrh, fever, heaviness and ache of the head.

**Dose & Mode of Use:** Apply over the crown after mixing with breast milk or Castor oil.

### **RAJANIAADI CHOORNAM**

Ashtangahrudayam

Baalamaya pradishedham.

**Indications:** Indigestion, diarrhoea, anaemia, cough and all ailments peculiar to children.

**Dose & Mode of Use:** 1-3 gms in honey or ghee.

### **SARASIJA MAKARANDAADI CHOORNAM**

Sahasrayogam

**Indications:** Uterine bleeding.

**Dose & Mode of Use:** 5 gms thrice daily with honey.

### **SHADHDHARANA CHOORNAM**

Ashtangasamgraham

Kushta chikitsa.

**Indications:** Vataraktam, skin diseases, piles, flatulence, diabetes etc. It gives remarkable relief in numbness, pain, sprain and oedema.

**Dose & Mode of Use:** 5-10 gms in hot water or boiled buttermilk.

### **TAALEESAPATRAADI CHOORNAM**

Ashtangahrudayam

Rajayakshma chikitsa.

**Indications:** Indigestion, loss of appetite, asthma, cough, side and chest aches, anaemia etc.

**Dose & Mode of Use:** 5-10 gms daily to be taken at intervals.

### **TAALEESAPATRA SITAAVATAKAM**

Ashtangahrudayam

Grahani chikitsa.

**Indications:** Vomiting related to Vatakapha, grahani, chest pain, fever, stomach ache, cold, cough, asthma etc.

**Dose & Mode of Use:** 5-20 gm to be taken at intervals.

### **TRIPHALAADI CHOORNAM**

Ashtangahrudayam

Timira pradishedham.

**Indications:** Ophthalmic diseases.

**Dose & Mode of Use:** 5-10 gms in honey or medicated ghees.

### **TWAGELAADI CHOORNAM**

Ashtangahrudayam

Rajayakshma chikitsa.

**Indications:** Cough, dyspnoea, pain on flanks, rajayakshma, kapha ailments.

**Dose & Mode of Use:** 5-15 gms to be taken with honey or ghee.

### **VAISHWAANARA CHOORNAM**

Ashtangahrudayam

Gulma chikitsa.

**Indications:** Dyspepsia, indigestion, loss of appetite, gulma, constipation etc.

**Dose & Mode of Use:** 5-15 gms with hot water or butter milk in the morning or twice daily.

### **VILANGAADI CHOORNAM**

Sahasrayogam.

**Indications:** Obesity.

**Dose & Mode of Use:** 5-10 gms with hot water.

### **VILANGATANDULAADI CHOORNAM**

Ashtangahrudayam

Virechana kalpam.

**Indications:** Gulma, ascitis, anaemia etc. Laxative for Kaphavata ailments.

**Dose & Mode of Use:** 5-10 gms with honey and ghee.

### **VIOSHAADI VATAKAM**

Ashtangahrudayam

Naasaroga pradishedham.

**Indications:** Cold, cough, rhinitis, dyspnoea, loss of appetite, kapha ailments etc.

**Dose & Mode of Use:** 5-10 gm to be taken at intervals.

### **YOGARAJACHOORNAM**

Sahasrayogam.

**Indications:** Fistula, piles, vatagulma, anaemia, dyspepsia, beejadosha etc.

**Dose & Mode of Use:** 5-10 gms in honey.

## **GHEES**

### **AARAGWDHAMAHAATIKTAKA GHRUTAM**

Sahasrayogam.

**Indications:** Skin diseases, switram etc.

**Dose and Mode of use:** 5-10 gms once a day.

### **AMRUTAPRAASHAM**

Ashtangahrudayam

Kaasa chikitsa.

**Indications:** Impotency, frailty, kshatakasam, consumption etc. For women after delivery this is an unavoidable medicine to gain strength.

**Dose and Mode of use:** 5 to 20 gms may be taken either before morning meal or after supper with milk.

### **BRAHMEE GHRUTAM**

Ashtangahrudayam

Unmada pratishedhaam.

**Indications:** Insanity, demoniacs, epilepsy and dullness of the brain. This develops memory.

**Dose and Mode of use:** 2 tsp. to 50 ml.

### **BRUHATCHCHAAGALAADI GHRUTAM**

\_Bhaishajiaratnaavali

Vajeekaranaprakaranam

**Indications:** Weakness, waisting impotency etc.

**Dose & Mode of Use:** 5-10 gms, twice daily

### **DAADIMAADI GHRUTAM**

Ashtangahrudayam

Paandu chikitsa.

**Indications:** Anaemia, indigestion, and for easy child-bearing and delivery.

**Dose and Mode of use:** 10-20 gms.

### **DHAATRIAADI GHRUTAM**

Sahasrayogam

**Indications:** Leucorrhoea, menstrual bleeding etc.

**Dose and Mode of use:** 15-50 gms.

### **DOORVAA GHRUTAM**

Sahasrayogam

**Indications:** Visarpa, non-suppurative ulcers etc.

**Dose and Mode of use:** 10-25 gms. Both externally and internally.

### **GULGULUTIKTAKA GHRUTAM**

Ashtangahrudayam

Vataviadhi chikitsa.

**Indications:** Skin ailments, vaatasonita etc.

**Dose and Mode of use:** 10-15 gms.

### **HAPUSHAADI GHRUTAM**

Ashtangahrudayam

Gulma chikitsa.

**Indications:** Vaatagulma, pain the flanks and chest, udara, piles etc.

**Dose and Mode of use:** 10-15 gms.

### **INDUKAANTA GHRUTAM**

Sahasrayogam.

**Indications:** Vata rogas, kshaya, stomach ache, jeernajwara, vishamajwara, shopha etc.

**Dose and Mode of use:** 10-15 gms.

### **JAATIAADI GHRUTAM**

Ashtangahrudayam

Vrana pratishedham.

**Indications:** Wounds.

**Dose and Mode of use:** For External application and Dhara.

### **KALIAANAKA GHRUTAM**

Ashtangahrudayam

Unmada pratishedham.

**Indications:** Epilepsy, lunacy, anaemia, poisons etc.

**Dose and Mode of use:** 10-25 gms before meals.

### **MAHAABHOOTARAAVA GHRUTAM**

Ashtangahrudayam

Bhoota pratishedham.

**Indications:** Demoniacs, epilepsy, hysteria, insanity etc.

**Dose and Mode of use:** 5-25 gms internally and for Nasyakarma.

### **MAHAAKALIAANAKA GHRUTAM**

Ashtangahrudayam

Unmada pratishedham.

**Indications:** Epilepsy, lunacy, anaemia, poisons etc.

**Dose and Mode of use:** 10-50 gms before meals.

### **MAHAARAASNAADI GHRUTAM**

Ashtangahrudayam

Kasa chikitsa.

**Indications:** Vata rogas, cough, tremors of the head, pain in the groins and vaginal tract etc.

**Dose and Mode of use:** 5-15 gms.

### **MAHAASNEHAM**

Ashtangahrudayam

Vataviadhi chikitsa.

**Indications:** Vata ailments particularly in apatantraka, apatanaka etc.

**Dose and Mode of use:** 10-50 gms internally and for Snehana, Swedana and Nasyakarma.

### **MAHAATIKTAKA GHRUTAM**

Ashtangahrudayam

Kushta chikitsa.

**Indications:** Skin diseases, wounds, visarpa, nadvrana, apachi, fistula etc.

**Dose and Mode of use:** 10-30 ml in empty stomach.

### **MAHALPANCHAGAVIA GHRUTAM**

Ashtangahrudayam

Apasmaara pratishedham.

**Indications:** Epilepsy, insanity, demoniacs etc.

**Dose and Mode of use:** 10-15 gms.

### **MAHAPAISHAACHIKA GHRUTAM**

Ashtangahrudayam

Unmada chikitsa

**Indications:** Epilapsy, physic complaints etc.

**Dose & Mode of Use:** 5-10 gms, twice daily

### **MISHRAKASNEHAM**

Ashtangahrudayam

Gulma chikitsa.

**Indications:** Purgative in gulma.

**Dose and Mode of use:** 5 drops to 1 tsp.

### **NAARASIMHA RASAAYANAM**

Ashtangahrudayam

Rasaayanaadhikaaram.

**Indications:**Exhaustion, pitta ailments and wasting. Good aphrodisiac, dhaatu vardhaka and a well known rejuveinative recipe.

**Dose and Mode of use:**10-50 gms to be followed with milk.

### **PANCHAGAVIA GHRUTAM**

Ashtangahrudayam

Apasmaara pratishedham.

**Indications:** Epilepsy,insanity,demoniacs,sterility etc.

**Dose and Mode of use:** 10-15 gms.

### **PHALASARPISS**

Ashtangahrudayam

Guhyaroga pratishedham.

**Indications:** Gynaecological disorders,sterility etc.

**Dose and Mode of use:** 10-20 gms.

### **RAASNAADI GHRUTAM**

Ashtangahrudayam

Vataviadhi chikitsa.

**Indications:** Vata ailments,cough etc.

**Dose and Mode of use:**10-50 gms.

### **RASAGHRUTAM**

Ashtangahrudayam

Vataviadhi chikitsa.

**Indications:** Epileptic convulsions, apatandraka etc.

**Dose and Mode of use:**10-50 gms.

### **SAARASWATA GHRUTAM**

Ashtangahrudayam

Baalopacharaneeyam.

**Indications:** Confers good speech, intelligence, memory and digestive capacity.

**Dose and Mode of use:** 10-20 gms.

### **SHALPALA GHRUTAM**

Ashtangahrudayam

Rajayakshma chikitsa.

**Indications:** Consumption,gulma, anaemia, nasal catarrh, dyspnoea, cough, weak digestion, dropsy etc.

**Dose and Mode of use:** 10-20 gms.

### **SHATAAVAREE GHRUTAM**

Ashtangahrudayam

Guhyaroga pratishedham.

**Indications:** Yoni rogas, raktapitta, cough, raktavata, visarpa, epilepsy etc.

**Dose and Mode of use:** 10-20 gms.

### **SUKHAPRASOOTI GHRUTAM**

Sahasrayogam.

**Indications:** This precludes delay, obstructions and unbearable pain in delivery and makes the process easy.

**Dose and Mode of use:** 10-20 gms, in empty stomach or along with morning  
Food can be taken from the seventh and eight month till  
the time of delivery according to the digestive capacity.

### **SUKUMAARA GHRUTAM**

Ashtangahrudayam

Vidradhi Vrudhi chikitsa.

**Indications:** Vatagulma, raktagulma, antravrudhi, piles, constipation etc. It do anulomana of  
Apana vayu in pregnant ladies and initiate easy delivery.

**Dose and Mode of use:** 10-25 gms.

### **TIKTAKA GHRUTAM**

Ashtangahrudayam

Kushta chikitsa.

**Indications:** Pitta ailments, skin diseases, burning sensation, piles, nadvrana, apachi etc.

**Dose and Mode of use:** 10-15 gms.

### **TRAIPHALA GHRUTAM**

Ashtangahrudayam

Thimirachikitsa

**Indications:** Thimiram, disease of eye etc.

**Dose & Mode of Use:** 5-10 gms at bed time.

### **VAJRAKA GHRUTAM**

Ashtangahrudayam

Kushta chikitsa.

**Indications:** Visarpam, jeernajwara, raktapitta, skin diseases etc.

**Dose and Mode of use:** 10-15 gms.

### **VARANAADI GHRUTAM**

Ashtangahrudayam

Shodhanaadi ganam.

**Indications:** Head ache, indigestion, hydrocele, internal abscess, gulma etc.

**Dose and Mode of use:** 10-20 gms.

### **VASTIAAMAYAANTAKA GHRUTAM**

Sahasrayogam.

**Indications:** Urinary obstructions.

**Dose and Mode of use:** 10-20 gms.

### **VEERATARAADI GHRUTAM**

Ashtangahrudayam

Shodhanaadi ganam.

**Indications:** Painful micturation, calculus, urinary ailments etc.

**Dose and Mode of use:** 10-20 gms.

### **VIDAARIAADI GHRUTAM**

Ashtangahrudayam

Kasa chikitsa.

**Indications:** Heart diseases, consumption, cough etc.

**Dose and Mode of use:** 10-20 gms.

## **KASHAYAMS**

### **AARAGWADHAADI KASHAYAM**

Ashtangahrudayam

Shodhanaadi ganam.

**Indications:** Skin diseases, itching, diabetes, foul wounds etc. Mitigate Kapha dosa.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily.

### **AARAGWADHAAMRUTAADI KASHAYAM**

Sahasrayogam.

**Indications:** Skin ailments, visarpa etc.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily.

### **AMRUTOTTARAM KASHAYAM**

Sahasrayogam.

**Indications:** Fevers, vatasnitam etc. Mild laxative.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily.

### **ARDHAVILWAM KASHAYAM**

Sahasrayogam.

**Indications:** Dropsy, constipation etc.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily. .

### **ASHTAVARGAM KASHAYAM**

Sahasrayogam

**Indications:** Vata ailments specifically in Nanatmaja types.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily. .

### **BALAGULOOCHIAADI KASHAYAM**

Sahasrayogam.

**Indications:** Paittika Vatasnitam, burning sensation etc.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily. .

### **BALAJEERAKAADI KASHAYAM**

Sahasrayogam.

**Indications:** Cough and asthma.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily.

### **BALASHATHAVARIADI KASHAYAM**

Ashtangahrudayam

Vataviadichikitsa

**Indications:** Vataraktams, burning sensation etc.

**Dose & Mode of Use:** 10-15 ml with 3 times hot water twice daily.

### **BHAARNGIAADI KASHAYAM**

Sahasrayogam.

**Indications:** Sannipaata jwaram, chest pain, cough, asthma, anaham etc.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily. .

### **BHADRAARVAADI KASHAYAM**

Ashtangahrudayam

Shodhanaadi ganam.

**Indications:** Vata ailments.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily.

### **BRUHATIAADI KASHAYAM**

Ashtangahrudayam

Mutraaghata chikitsa.

**Indications:** Urinary obstructions.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily.

### **CHIRUVILWAADI KASHAYAM**

Sahasrayogam.

**Indications:** Piles, constipation, fistula, gulma etc.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily.

### **CHITRAKAADI KASHAYAM**

Susruta samhita

Vata chikitsa.

**Indications:** Aamavata, back pain, joint pain, vata ailments etc.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily.

### **DASHAMOOLAKATUTRAYAM KASHAYAM**

Sahasrayogam.

**Indications:** Asthma, cough, back ache, chest pain etc.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily.

### **DASHAMOOLAM KASHAYAM**

Ashtangahrudayam

Annaswaroopa vijnaneeyam.

**Indications:** Vata ailments, cough, asthma etc.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily.

### **DASHAMOOLARAASNAADI KASHAYAM**

Patent.

**Major Ingredients :** Combination of Raasnaadi Kashayam and Dashamoolam.

**Indications:** This has the properties of Raasnaadi kashayam and precisely indicated in vata dominant cases with pain and oedema.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily.

### **DHAANUANTARAM KASHAYAM**

Ashtangahrudayam

Garbhaviapat chikitsa.

**Indications:** Vata ailments, hydrocele, gulma, strained micturation, vaginal ailments, consumption etc.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily.

### **DHANADA NAYANAADI KASHAYAM**

Sahasrayogam.

**Indications:** Vata ailments especially in facial paralysis and aakshepakam.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily.

### **DRAAKSHAADI KASHAYAM**

Ashtangahrudayam

Jwara chikitsa.

**Indications:** Fever, alcoholism, vomiting, swooning, giddiness, thirst, jaundice, rakta pitta etc.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily.

### **DUSPARSHAKAADI KASHAYAM**

Ashtangahrudayam

Arsas chikitsa.

**Indications:** Piles, anal ache, back ache etc.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily.

**ELAAKANAADI KASHAYAM**

Sahasrayogam.

**Indications:** Consumption, cough etc.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily.

**GANDHARVAHASTAADI KASHAYAM**

Sahasrayogam.

**Indications:** Vata ailments, indigestion etc. Mild laxative.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily.

**GULGULUTIKTAKAM KASHAYAM**

Ashtangahrudayam

Vatarakta chikitsa.

**Indications:** Vatarakta, skin ailments, foul wounds, fistula etc.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily.

**GULOOCHYADI KASHAYAM**

Ashtangahrudayam

Shodhanaadiganam

**Indications:** Fever, thirst vomiting etc.

**Dose & Mode of Use:** 10-15 ml with 3 times hot water twice daily.

**INDUKAANTAM KASHAYAM**

Sahasrayogam.

**Indications:** Vishamajwaram, consumption, stomach aches, gulma etc.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily.

**KAIDARYADI KASHAYAM**

Sahasrayogam.

**Indications:** Vishoochika, thirst, aamajwaram etc.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily.

**KATAKAKHADIRAADI KASHAYAM**

Sahasrayogam.

**Indications:** Diabetes.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily.

**MAHAAMANJISHTAADI KASHAYAM**

Sahasrayogam.

**Indications:** Skin ailments, vataraktam, filariasis, numbness, paraplegia, obesity etc.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily.

**MAHAARAASNAADI KASHAYAM**

Sahasrayogam.

**Indications:** Paraplegia, apabahukam, gridrasi, apatanakam, hernia, hydrocele etc.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily.

### **MAHAATIKTAKAM KASHAYAM**

Ashtangahrudayam

Kushta chikitsa.

**Indications:** Skin ailments, visarpam, dushtavranam, naadivranam etc.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily.

### **MANJISHTAADI KASHAYAM**

Sahasrayogam.

**Indications:** Ailments due to blood impurity, vatasonita etc.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily.

### **MRUDWEEKAADI KASHAYAM**

Sahasrayogam.

**Indications:** Thirst, liquor and drug intoxication etc.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily.

### **MUSALEEKHADIRAADI KASHAYAM**

Sahasrayogam.

**Indications:** Leucorrhoea, bleeding etc.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily.

### **NAYOPAAYAM KASHAYAM**

Sahasrayogam.

**Indications:** Asthma, cough etc.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily.

### **NIMBAADI KASHAYAM**

Sahasrayogam.

**Indications:** Vidradhi, boils, diabetic carbuncles etc.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily.

### **NISHAAKATAKAADI KASHAYAM**

Sahasrayogam.

**Indications:** Diabetes.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily.

### **NISHOTTAMAADI KASHAYAM**

Ashtangahrudayam

Kushta chikitsa.

**Indications:** Kapha pitta based skin ailments, itches, dushta vrana etc.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily.

### **PANCHAKOLAM KASHAYAM**

Ashtangahrudayam

Annaswaroopa vijnaneeyam.

**Indications:** Indigestion, grahani etc.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily.

### **PATHIAAPUNARNAVAADI KASHAYAM**

Sahasrayogam

**Indications:** Oedema, anaemia

**Dose & Mode of Use:** 10 – 15 ml with 3 times hot water twice daily.

### **PATHYAAKSHADHAATRIAADI KASHAYAM**

Shaarnagadhara samhita

Siroroga pradishedham.

**Indications:** Head aches, suryaavartam, ardhavabhedakam, ear ache, sankhakam, tooth ache, night blindness etc.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily.

### **PATOLAKATUROHINIAADI KASHAYAM**

Ashtangahrudayam

Shodhanaadi ganam.

**Indications:** Skin ailments, fever, itches, vomiting etc.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily.

### **PATOLAMOOLAADI KASHAYAM**

Ashtangahrudayam

Kushta chikitsa.

**Indications:** Skin diseases, itches, chest and bladder aches, vitiligo, intermittent fever etc.

**Dose & Mode of Use:** 5-10 ml with three times hot water twice daily.

### **PRASAARINIAADI KASHAYAM**

Sahasrayogam.

**Indications:** Apabahukam, vata ailments etc.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily.

### **PUNARNAVAADI KASHAYAM**

Sahasrayogam.

**Indications:** Anaemia with symptoms like anasarca, fever, cough, and dyspnea.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily.

### **RAASNAADI ( RAASNAIRANDAADI) KASHAYAM**

Sahasrayogam.

**Indications:** Vatashonitam, aches and swelling at the ankles, triceps, knees, thighs, waist, and back of the neck etc.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily.

### **RAASNAASAPTAKAM KASHAYAM**

Sahasrayogam.

**Indications:** Vataraktam, low back ache, sciatica etc.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily.

### **RASONAADI KASHAYAM**

Sahasrayogam.

**Indications:** Cough, hridroga, nausea, hiccough etc.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily.

### **SAHACHARAADI KASHAYAM**

Ashtangahrudayam

Vaataviadhi chikitsa.

**Indications:** Sciatica, aches in the legs, swelling, weakness etc.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily.

### **SAPTASAARAM KASHAYAM**

Sahasrayogam.

**Indications:** Gulma of women , aches of heart, stomach, back and waist. Regulates bowel movements and improves digestion.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily.

### **SHATAAVARIAADI KASHAYAM**

Sahasrayogam.

**Indications:** Paittika vatarakta, rakta pitta, insanity, burning sensation, intermittent fever etc.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily.

### **SHONITAAMRITAM KASHAYAM**

Patent.

**Major Ingredients:** Abhaya, Shaariba, Nimba.

**Indications:** Ailments due to blood impurity, diabetic carbuncles, itches and visarpa. Mild laxative.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily.

### **SUKUMAARAM KASHAYAM**

Ashtangahrudayam

Vridhi chikitsa.

**Indications:** Vata gulma, Rakta gulma, hernia,piles,menstrual disorders etc.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily.

### **TIKTAKAM KASHAYAM**

Ashtangahrudayam

Kushta chikitsa.

**Indications:** Pitta ailments, skin diseases, visarpam, boils, scabies, burning sensation in stomach, thirst, giddiness, anaemia, apachi, chronic wounds etc.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily.

### **TRAAAYANTIAADI KASHAYAM**

Ashtangahrudayam

Vidradhi chikitsa.

**Indications:** Internal abscesses, pitta gulma, visarpa, rakta pitta, jaundice, jeerna jwara etc.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily.

### **TRIJAATAKAADI KASHAYAM**

Sahasrayogam.

**Indications:** Swarasaadam, hrillasa, praseka etc.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily.

### **VAASHAAGULOOCHIAADI KASHAYAM**

Sahasrayogam.

**Indications:** Anaemia, jaundice, raktapitta etc.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily.

### **VAJRAKAM KASHAYAM**

Ashtangahrudayam

Kushta chikitsa.

**Indications:** Skin ailments, visarpam, jaundice etc.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily.

### **VALIYA RAASNAADI KASHAYAM**

Sahasrayogam.

**Indications:** Sannipatika vata ailments.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily.

### **VARADI KASHAYAM**

Sahasrayogam.

**Indications:** Obesity

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily

### **VARANAADI KASHAYAM**

Ashtangahrudayam

Shodhanaadi ganam.

**Indications:** Obesity, aamavata, head ache, internal abscess etc.

**Dose & Mode of Use:** 10-20 ml with three times hot water twice daily.

### **VIAAGHRIAADI KASHAYAM**

Ashtangahrudayam

Jwara chikitsa.

**Indications:** Vata kapha jwara, rhinitis, cough, asthma etc.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily.

### **VIDAARIAADI KASHAYAM**

Ashtangahrudayam

Vataviadhi chikitsa.

**Indications:** Consumption, body ache, cough etc.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily.

### **VILANGAKRISHNAADI KASHAYAM**

Sahasrayogam.

**Indications:** Worms and allied ailments.

**Dose & Mode of Use:** 10-15 ml with three times hot water twice daily.

# LEHAS

## AGASTIA RASAAYANAM

Ashtangahrudayam

Kaasa chikitsa.

**Indications:** Cough, asthma, consumption, hiccough, fever, gulma, piles, hridroga, nasal catarrh etc. This confection consumed daily acts as rejuvenator, dispels wrinkles and greying of hair, bestows colour and complexion.

**Dose & Mode of Use:** 10-20 gms.

## AJAMAAMSA RASAYANAM

Patent.

**Major ingredients:** Ajamamsam, Aswagandha, Atmagupta.

**Indications:** Consumption, cough, asthma etc. Nourishes the body and develops strength and vitality quickly.

**Dose & Mode of Use:** 10-20 gms.

## ASHWAGANDHAADI LEHAM

Sahasrayogam.

**Indications:** Consumption. This nourishes the body, and develops strength and vitality on daily intake.

**Dose & Mode of Use:** 10-20 gms.

## BRAAHMA RASAAYANAM

Ashtangahrudayam

Rasaayanaadhikaaram.

**Indications:** Stupor, exertion, wrinkles of skin and grey hairs etc. Improves memory power and intelligence. This gives almost same results of Chiavanapraasham.

**Dose & Mode of Use:** 10-20 gms.

## CHIAVANAPRAASHAM

Ashtangahrudayam

Rasaayanaadhikaaram.

**Indications:** Consumption, cough, asthma, vata ailments, fevers, voice constraint, urinary and semen disorders etc. This is a well known Rasaayanam. Famous for the proper development of children and for warding off weakness in the aged.

**Dose & Mode of Use:** 10-30 gms.

## DASHAMOOLAHAREETAKI LEHAM

Ashtangahrudayam

Shopha chikitsa.

**Indications:** Dropsy, fever, gulma, anaemia, ailments of liver and kidney etc.

**Dose & Mode of Use:** 10-20 gms.

## DASHAMOOLA RASAAYANAM

Sahasrayogam.

**Indications:** Asthma, cough, voice constraint etc.

**Dose & Mode of Use:** 5-10 gms.

**DRAAKSHAADI LEHAM**

Ashtangahrudayam

Paandu chikitsa.

**Indications:** Anaemia, jaundice etc.

**Dose & Mode of Use:** 10-20 gms.

**GOMOOTRAHAREETAKI LEHAM**

Ashtangahrudayam

Arsas chikitsa.

**Indications:** Piles, skin diseases, dropsy, intestinal worms, obesity, grandhi, and aamavata etc.

**Dose & Mode of Use:** 10-20 gms.

**KALIAANA GULAM**

Ashtangahrudayam

Virechana kalpam.

**Indications:** Skin ailments, piles, gulma, diabetes, fistula etc. Harmless purgative.

**Dose & Mode of Use:** 10-20 gms.

**KOOSHMAANDA RASAAYANAM**

Ashtangahrudayam

Kaasa chikitsa.

**Indications:** Dry cough, consumption, raktapittam etc.

**Dose & Mode of Use:** 10-20 gms.

**KUTAJATWAGADI LEHAM**

Ashtangahrudayam

Athisara chikitsa

**Indications:** Dyscentry , diaarrhoea.

**Dose & Mode of Use:** 5 – 10 gms twice daily after food.

**MAANIBHADRAM LEHAM**

Ashtangahrudayam

Kushta chikitsa.

**Indications:** Skin diseases, leucoderma,piles,intestinal worms,gulma,spleen ailments etc.

**Dose & Mode of Use:** 10-20 gms.

**MAARKAVA RASAYANAM**

Ashtangahrudayam

Switra chikitsa.

**Indications:** Leucoderma , skin diseases etc.

**Dose & Mode of Use:** 10-20 gms.

**MADHUSNUHEE RASAAYANAM**

Sahasrayogam.

**Indications:** Skin ailments, visarpam, dushta vranam etc.

**Dose & Mode of Use:** 5-15 gms. Milk should be taken as anupaanam.

### **MRUDWEEKAADI LEHAM**

Ashtangahrudayam

Kaasa chikitsa.

**Indications:** Pitta dominant cough.

**Dose & Mode of Use:** 10-20 gms.

### **SHATAAVAREE GULAM**

Sahasrayogam.

**Indications:** Leuchorrhoea, painful micturation etc.

**Dose & Mode of Use:** 10-20 gms.

### **SOORANAADI LEHAM**

Ashtangahrudayam

Arsas chikitsa.

**Indications:** Piles and allied indigestion, loss of appetite and pallor.

**Dose & Mode of Use:** 10-20 gms.

### **SUKUMAARALEHAM**

Ashtangahrudayam

Vidradhi vridhi chikitsa.

**Indications:** Vata gulma, rakta gulma, hernia, piles, menstrual disorders etc.

**Dose & Mode of Use:** 10-20 gms.

### **VIDAARYADI LEHAM**

Ashtangahrudayam

Shodhanaadiganam

**Indications:** General weakness. To increase body weight.

**Dose & Mode of Use:** 5-15 gms twice daily after food.

### **VILWAADI LEHAM**

Sahasrayogam.

**Indications:** Vomiting, loss of appetite, indigestion, grahani, asthma, excessive salivation etc.

**Dose & Mode of Use:** 5-10 gms.

## **OILS**

### **AARUKAALAADI OIL**

Sahasrayogam.

**Indications:** Jaundice, pitta ailments etc.

**Mode of Use:** Apply on head

### **AMRUTAADI OIL**

Sahasrayogam.

**Indications:** Vaatarakta, headache, burning sensation in head, pitta ailments etc.

**Mode of Use:** Apply to head.

### **ANUTAILAM**

Ashtangahrudayam

Nasya vidhi.

**Indications:** Jatroordwa rogas, sinusitis, headache etc.

**Dose & Mode of use:** 2-10 drops for Nasya karma.

### **ARIMEDAADI OIL**

Sahasrayogam.

**Indications:** Diseases of the mouth, specially in dental troubles.

**Mode of Use:** External application and gargling.

### **ARIMEDASTAILAM**

Ashtangahrudayam

Mukharoga pratishedham.

**Indications:** Diseases of mouth and teeth.

**Mode of Use:** Gargling, applying on the teeth and head.

### **ASANAILADI OIL & COCONUT OIL**

Sahasrayogam.

**Indications:** Promotes comfort of eyes, ear and head and prevent catarrh.

**Mode of Use:** Apply on head and body.

### **ASANAMANJISHTAADI OIL**

Sahasrayogam.

**Indications:** Gives coolness to head and eyes.

**Mode of Use:** Apply on head.

### **ASANAVALWAADI OIL & COCONUT OIL**

Sahasrayogam.

**Indications:** Promotes comfort of eyes, ear and head and prevent catarrh.

**Mode of Use:** Apply on head.

### **BALAA THAILAM**

Ashtamgasamgraham

Vata chikitsa

**Indications:** Vatavikeras, Pakshaghatam etc.

**Mode of Use:** External application on head and body.

**BALAADHAATRIAADI OIL**

Sahasrayogam.

**Indications:** Head ache, suppuration of ears, dental troubles etc. Gives coolness to head and eyes.

**Mode of Use:** Apply on head.

**BALAAGULOOCHIAADI OIL & COCONUT OIL**

Sahasrayogam.

**Indications:** Vatashonita, burning sensation, catarrh and allied troubles etc.

**Mode of Use:** Apply on head and body.

**BALAMRUTAADI TAILAM ( BALAAGULOOCHIAADI TAILAM SPECIAL )**

Patent.

**Main ingredients:** Combination of Balaguloochiaadi oil and Kaaraskaram.

**Indications:** Vatashonita, headache etc.

**Mode of Use:** Apply on head and body.

**BALAAHATAADI OIL & COCONUT OIL**

Sahasrayogam.

**Indications:** Headache.

**Mode of use:** Apply on head.

**BALAASHWAGANDHAADI OIL**

Sahasrayogam.

**Indications:** Consumption, cattarrh etc.

**Mode of Use:** Apply on head and body.

**BALAASHWAGANDHAADI KUZHAMPU**

Sahasrayogam.

**Indications:** Vata ailments, insanity, cough etc. Gives nourishment and strength to the body.

**Mode of use:** Apply on body.

**BHRUNGAAMALAKAADI COCONUT OIL**

Sahasrayogam.

**Indications:** Ailments of ear, throat, teeth and head. Gives coolness, clear vision and natural lusture to the eyes

**Mode of Use:** Apply on head.

**BHJAGALATAADI OIL & COCONUT OIL**

Chikitsamanjari

Siroroga chikitsa.

**Indications:** Dandruff, head ache, hair-falling etc. Gives natural colour and beauty to hairs.

**Mode of Use:** Apply on head.

**CHEMPARATIAADI COCONUT OIL**

Patent.

**Main ingredients:** Japaapatram, Neelinee, Nirgundee, Durva, Elaadi ganam.

**Indications:** Skin ailments of children, itches etc.

**Mode of Use:** Apply on head and body.

### **CHINCHAADI OIL & KUZHAMBU**

Sahasrayogam

**Indications:** Vata ailments associated with numbness and pain, sarvangavata etc.

**Mode of Use:** Apply on head and body. Kuzhambu is not used on the head.

### **DASAMoola TAILAM**

Ashtamgasamgraham

Karnaroga pratishedham.

**Indications:** Ear diseases, oedema of lower limbs etc.

**Mode of Use:** Apply on head.

### **DEVADAARVAADI COCONUT OIL**

Patent.

**Major ingredients:** Devadaaru, milk etc.

**Indications:** Kapha ailments especially in children, productive cough, tonsillitis etc.

**Mode of Use:** Apply on head.

### **DHAANUANTARAM TAILAM & KUZHAMPU**

Ashtangahrudayam

Garbhaviapad saareeram.

**Indications:** Vata ailments, diseases of women in peurperum, insanity, retention of urine, hernia etc.

**Mode of Use:** Both internally and externally. Kuzhambu is not used internally and is good for Pizhichil.

### **DHAANUANTARAM REPETITIONS ( 3 & 7 times )**

Ashtangahrudayam

Garbhaviapad saareeram.

**Indications:** Same as above with higher potency. The more number of repetitions, efficacy will be higher. Prepared in 3 and 7 repetitions.

**Dose & Mode of use:** Snehapaanam, Nasya karma, Vasthi and external application. 10 drops to one teaspoon.

### **DHURDHOORAPATRAADI COCONUT OIL**

Sahasrayogam.

**Indications:** Dandruff, itching on scalp etc.

**Mode of Use:** Apply on head.

### **DINESHAILAADI OIL & COCONUT OIL**

Sahasrayogam.

**Indications:** Scabies, psoriasis, etc.

**Mode of Use:** External application.

### **ELAADI OIL & COCONUT OIL**

Ashtangahrudayam

Shodhanaadi ganam.

**Indications:** Skin ailments, catarrh, itches, scabies, karappan etc.

**Mode of Use:** Apply on head and body.

### **GANDHARVAHASTA TAILAM**

Ashtamgasamgraham

Vidradhi vridhi chikitsa.

**Indications:** Back ache, vata ailments etc. Mild laxative.

**Dose & Mode of use:** 5-20 ml internally.

### **GULGULUMARICHAADI TAILAM**

Ashtamgasamgraham

Vataraktha chikitsa

**Indications:** Vranas, dushta vranas

**Mode of Use:** External application.

### **HINGUTRIGUNAM**

Ashtangahrudayam

Gulma chikitsa.

**Indications:** Hydrocele, gulma, stomach aches etc. Laxative.

**Dose & Mode of use:** 5-20 ml internally.

### **JAATIAADI COCONUT OIL**

Ashtangahrudayam

Sadiovrana pratishedham.

**Indications:** Wounds and ulcers.

**Mode of Use:** External application.

### **JEEVANTIAADI YAMAKAM**

Ashtangahrudayam

Kushta chikitsa.

**Indications:** Cracks in feet, palms and lips, psoriasis etc.

**Mode of Use:** External application.

### **KAARPAASAASTHIAADI OIL & KUZHAMPU**

Sahasrayogam.

**Indications:** Paralysis, facial palsy, apabahukam etc.

**Mode of Use:** Apply on head and body. Kuzhambu is not used on the head.

### **KANJUNIAADI OIL & COCONUT OIL**

Sahasrayogam.

**Indications:** Dandruff, headache, hair fall etc.

**Mode of Use:** Apply on head.

### **KARPOORAADI OIL**

Patent.

**Major ingredients:** Karpoora, Ajamoda etc.

**Indications:** Vata ailments especially with pain and numbness.

**Mode of Use:** External application.

### **KETAKEEMOOLAADI KUZHAMBU**

Sahasrayogam.

**Indications:** Astigmatism, vataraktam etc.

**Mode of Use:** External application.

### **KHAJITHAPINDA TAILAM**

Ashtangahrudayam

Vataraktha chikitsa

**Indications:** Vataraktams, burning sensation etc.

**Dose & Mode of Use:** External application.

### **KOTTAMCHUKAADI OIL & KUZHAMBU**

Sahasrayogam.

**Indications:** Vata ailments, numbness, pain, oedema etc.

**Mode of Use:** External application.

### **KSHEERABALAA TAILAM**

Sahasrayogam.

**Indications:** Vata ailments, arditam, aayamam, hemiplegia, and other nervous disorders, headache, sooriavartha, vaginal disorders, insomnia etc.

**Mode of Use:** Apply on head and body.

### **KSHEERABALA REPETITIONS**

Sahasrayogam.

**Indications:** Same as above with higher potency. The number of repetitions, efficacy will be higher. Prepared in 3, 7, 14, 21 and 101 repetitions.

**Dose & Mode of use:** Snehapanaam, Nasya karma, Vasthi and external application. 2 drops to one teaspoon.

### **LAAKSHAADI OIL & COCONUT OIL**

Ashtangahrudayam

Baalaamaya pratishedham.

**Indications:** Body-wasting and catarrh in children. It purifies the blood.

**Mode of Use:** Apply on head and body.

### **MAALATIAADI COCONUT OIL**

Ashtangahrudayam

Siroroga pratishedham.

**Indications:** Indraluptam, darunakam etc.

**Mode of Use:** Apply on head

### **MAASHA TAILAM**

Ashtangahrudayam

Vaatasonita chikitsa.

**Indications:** Emaciation, numbness, contraction etc.

**Mode of Use:** External application.

### **MADHUKAADI OIL**

Patent.

**Major ingredients:** Ksheerivriksha, Madhukam etc.

**Indications:** Asthma, cough, insomnia etc.

**Mode of Use:** Apply on head.

### **MADHUYASHTIAADI OIL**

Ashtangahrudayam

Vaatasonita chikitsa.

**Indications:** Vaatasonitam, catarrh etc.

**Mode of Use:** Apply on head and body.

### **MAHAABALAA TAILAM**

Ashtangahrudayam

Vaatasonita chikitsa.

**Indications:** Aavarana vata, heart diseases, vranaayaamam etc. Useful for women after delivery, and for those not conceiving.

**Dose & Mode of Use:** 10-60 drops. Both internally and externally.

### **MAHAAMAASHA TAILAM**

Sahasrayogam.

**Indications:** Hemiplegia, facial paralysis, deafness, lockjaw, sciatica, apabaahukam etc.

**Mode of Use:** External application.

### **MAHANARAYANA TAILAM**

Sahasrayogam.

**Indications:** Vata ailments, vatashonita etc.

**Mode of Use:** Snehapanam, Nasya, Karma and external application.

### **MAHARAJAPRASARANI TAILAM**

Sahasrayogam

**Indications:** Vata ailments , apaback etc

**Mode of Use:** Internal application with milk 10 drops to 1 teaspoon.

### **MURIVENNA**

Aarogiachandrika.

**Indications:** Cuts,wounds,fractures, dislocations etc.

**Mode of Use:** External application.

### **NAALPAAMARAADI OIL & COCONUT OIL**

Sahasrayogam.

**Indications:** Skin ailments, itches, visarpam, blood impurities etc.

**Mode of Use:** Apply on head and body.

### **NAARAAYANA TAILAM**

Bhaishajiaratnaavali

Vaatavyaadhi chikitsa.

**Indications:** Vata ailments, vatashonita etc.

**Mode of Use:** Snehapaanam, Nasya karma and external application.

### **NEELEBRUNGAADI OIL & COCONUT OIL**

Sahasrayogam

**Indications :** Reputed in growth of hair, gives comfort to head and eyes.

**Mode of Use:** Apply on head.

### **NEELEEDALAADI COCONUT OIL**

Prayoga samuchayam.

Ashtama parichedam.

**Indications :** Spider poisoning, skin ailments, itches etc.

**Mode of Use:** External application.

### **NIMBAAMRUTAADI CASTOR OIL**

Ashtangahrudayam

Vataviadhi chikitsa.

**Indications :**Laxative in rheumatic and skin ailments.

**Dose & Mode of Use:** 5-10 ml internally.

### **NIMBAAMRUTAADI OIL**

Ashtangahrudayam

Vataviadhi chikitsa.

**Indications :** Catarrh.

**Mode of Use:** Apply on head.

### **NIRGUNDIAADI COCONUT OIL**

Yogaratna samuchayam

Siroroga pradishedham.

**Indications :** Tonsilitis, head ache, rhinitis, insomnia etc.

**Mode of Use:** Apply on head.

### **NISHOSHEERAADI OIL & COCONUT OIL**

Sahasrayogam

**Indications:** Diabetic carbuncle.

**Mode of Use:** External application.

### **PANCHASNEHAM KUZHAMPU**

Sahasrayogam

**Indications:** Vata ailments , stiffness,fracture,wasting,apabahukam.

**Mode of Use:** External application.

**PARINATAKERIAADI TAILAM**

Sahasrayogam.

**Indications:** Apabahukam.

**Mode of Use:** External application.

**PATOLAADI COCONUT OIL**

Ashtanga hrudayam

Shodhanadi ganam.

**Indications :** Skin ailments, wounds etc.

**Mode of Use:** External application.

**PINDA TAILAM**

Ashtangahrudayam

Vaatsonita chikitsa.

**Indications:** Vatasonita and allied burning, swelling, and redness.

**Mode of Use:** External application and for Dhara.

**PIPPALIAADI ANUAASANA TAILAM**

Ashtangahrudayam

Arsas chikitsa.

**Indications:** Udavartam, piles, constipation etc.

**Mode of Use:** For Vasti.

**PRABHANJANAM TAILAM & KUZHAMBU**

Sahasrayogam.

**Indications :** Sarvanga vata, ardit, numbness, neuralgia, sciatica etc.

**Mode of Use:** External application.

**PRASAARINEE TAILAM**

Ashtangahrudayam

Vataviadhi chikitsa.

**Indications :** All vata ailments.

**Mode of Use :** Externaly and for Nasya karma.

**RAASNAADI OIL**

Sahasrayogam.

**Indications :** Vata ailments, particularly in facial paralysis.

**Mode of Use :** Externally, internally and for Sirovasti.

**SAHACHARAADI OIL & KUZHAMBU**

Ashtangahrudayam

Vataviadhi chikitsa.

**Indications :** Vata ailments especially of the lower extremities, varicose veins etc.

**Mode of Use:** Apply on body.

**SAHACHARAADI REPETITIONS**

Ashtangahrudayam  
Vataviadhi chikitsa.

**Indications:** Same as above with higher potency. The more number of repetitions efficacy will be higher. Prepared in 3 and 7 repetitions.

**Dose & Mode of Use:** Good for intake with milk or in kashayas. Five drops to one teaspoon.

### **SHUDHABALA OIL**

Sahasrayogam.

**Indications :** Vata ailments, insomnia etc.

**Mode of Use:** External application.

### **SHUDHADOORVAADI COCONUT OIL**

Patent.

**Major ingredients:** Doorva, Madhuka etc.

**Indications:** Skin ailments, pittavisarpa, burning sensation etc.

**Mode of Use:** External application.

### **SIROVIRECHANAM**

Ashtangahrudayam

Shodhanadi ganam.

**Indications :** Head ache, sinusitis, migraine, kapha ailments etc.

**Mode of Use :** Nasya karma.

### **TEKARAJA TAILAM & COCONUT OIL**

Sahasrayogam.

**Indications :** Pratamaka swasam, asthma, cough etc.

**Mode of Use :**Apply on head.

### **TRIPHALADI OIL & COCONUT OIL**

Sahasrayogam.

**Indications :** Ear and eye ailments, catarrh etc.

**Mode of Use :**Apply on head.

### **TUNGADRUMAADI OIL**

Sahasrayogam.

**Indications :** Insomnia, keeps the head cool.

**Mode of Use :**Apply to the head.

### **VAATAMARDANAM KUZHAMBU**

**Indications :** Vata ailments, sprain,numbness etc.

**Mode of Use :**External application.

### **VACHAALASHUNA TAILAM**

Sahasrayogam.

**Indications :** Otorrhea, ear diseases etc.

**Mode of Use :**Apply to the head and for Karnapooranam.

### **VAJRAKAM TAILAM**

Ashtangahrudayam

Kushta chikitsa.

**Indications :** Skin ailments, dushta vranam, nadi vranam etc.

**Mode of Use :**External application.

### **VALIYA CHANDANAADI OIL**

Sahasrayogam.

**Indications :** Insomnia, head ache, burning sensation etc.

**Mode of Use :**Apply to the head.

### **VIDAARIAADI YAMAKAM**

Ashtangahrudayam

Shodhanadi ganam.

**Indications :** Dhatuksayaja vata ailments, sprain, pain etc.

**Mode of Use:** Apply on head and body.

### **VILWAMPAACHOTTIAADI OIL**

Sahasrayogam.

**Indications :** Diseases of head, gives cooling effect to head and eyes.

**Mode of Use :** Apply to the head.

## **PILLS**

### **CHANDRAPRABHA**

Baishajiaratnaavali

Premeha chikitsa.

**Indications:** Diabetes, urinary disorders, calculas, menstrual irregularities, fistula etc.

**Dose & mode of use:** 1-2 twice or thrice daily.

### **CHUKKUMTIPPALIAADI**

Sahasrayogam.

**Indications:** Jeerna jwaram, sannipaata jwaram etc.

**Dose & mode of use:** 1-2 twice or thrice daily.

### **DASHAAMGAM**

Ashtangahrudayam

Keetalootaadi pratishedham.

**Indications:** All types of insect bite poisons.

**Dose & mode of use:** Both externally and internally. 1-2 twice or thrice daily.

### **DHAANUANTARAM**

Sahasrayogam.

**Indications:** Asthma, cough, vomiting, hiccough, consumption etc.

**Dose & mode of use:** 1-2 twice or thrice daily.

### **DOOSHEEVISHAARI**

Ashtangahrudayam

Visha pratishedham.

**Indications:** Doosheevisham.

**Dose & mode of use:** 1-2 twice or thrice daily.

### **GOPEECHANDANAADI**

Sahasrayogam.

**Indications:** Children's ailments, fever, asthma, cough, grahani, convulsions etc.

**Dose & mode of use:** 1-2 twice or thrice daily in honey, or breast milk.

### **GOROCHANAADI**

Sahasrayogam.

**Indications:** Sannipata jwaram, asthma, cough, vomiting, arditam etc.

**Dose & mode of use:** 1-2 twice or thrice daily.

### **GRAHANIAANTAKAM**

Patent.

**Major ingredients:** Vacha, Hingu, Saindhavam etc.

**Indications:** Grahani, indigestion etc.

**Dose & mode of use:** 1-2 twice or thrice daily.

### **HINGUVACHAADI**

Ashtangahrudayam

Gulma chikitsa

**Indications:** Gulma, intestinal and urinary obstructions, dyspepsia, diarrhoea, hydrocele, piles, asthma, cough etc.

**Dose & mode of use:** 1-2 twice or thrice daily.

### **KAANKAAYANAM GULIKA**

Sahasrayogam

**Indications:** Piles, constipation etc.

**Mode of Use:** 1 – 2 twice daily and suitable kashayam or arishta.

### **KAISHORAGULGULU**

Shaarnghadhara samhita

Vaatarakta chikitsa.

**Indications:** Skin ailments, wounds, gulma, vatashonitam, prameha pitakas, fistula etc.

**Dose & mode of use:** 1-2 twice or thrice daily.

### **KARUTTA GULIKA**

Sahasrayogam.

**Indications:** Headache. It is also referred as SIRRASTTODA GULIKA.

**Dose & mode of use:** External application only. A pill rubbed into ghee, milk, breast milk or suitable *Aavarttees* and applied over the crown and forehead.

### **KASTOORIAADI ( VAYU GULIKA )**

Sahasrayogam.

**Indications:** Asthma, cough, hiccough, sprain, breathing constraint, convulsions, epilepsy etc.

**Dose & mode of use:** 1-2 twice or thrice daily.

### **KOMPANCHAADI**

Sahasrayogam.

**Indications:** Children's fever, asthma, convulsions etc.

**Dose & mode of use:** 1-2 twice or thrice daily.

### **KUTAJAPHAANITAM**

Ashtangahrudayam

Arsas chikitsa.

**Indications:** Bleeding piles, rakta pittam, diarrhoea etc.

**Dose & mode of use:** 1-2 pill in milk twice daily.

### **MAANASAMITRAM**

Sahasrayogam.

**Indications:** Lunacy, convulsions, epilepsy etc.

**Dose & mode of use:** 1-2 pill in milk twice daily.

### **MANDOORAVATAKAM**

Ashtangahrudayam

Paandu chikitsa.

**Indications:** Anaemia.

**Dose & mode of use:** 1-2 pill in butter milk twice or thrice daily.

### **NAVAAYASAM**

Ashtangahrudayam

Paandu chikitsa.

**Indications:** Anaemia, dropsy, jaundice etc.

**Dose & mode of use:** 1-2 pill in butter milk twice or thrice daily.

### **NAVAGULGULU**

Ashtangahrudayam

Vaataviadhi chikitsa.

**Indications:** Obesity, amavatam, anaemia, dropsy etc.

**Dose & mode of use:** 1-2 twice or thrice daily.

### **SHWAASAANANDAM**

Sahasrayogam.

**Indications:** Cough, asthma, hiccough, breathing constraint etc.

**Dose & mode of use:** 1-2 twice or thrice daily.

### **SOORIAPRABHA**

Sahasrayogam.

**Indications:** Fevers, cough, asthma etc.

**Dose & mode of use:** 1-2 twice or thrice daily.

### **VETTUMAARAN**

Sahasrayogam.

**Indications:** Intermittent fever, asthma, vomiting, mootraaghaadam, abdominal pain, gulma etc.

**Dose & mode of use:** 1-2 twice or thrice daily.

### **VILWAADI**

Ashtangahrudayam

Visha pratishedham.

**Indications:** Poisons of cobra, spider, rat, and scorpion, diarrhoea, fever, grahami etc.  
**Dose & mode of use:** 1-2 twice or thrice daily.

**YOGARAAJAGULGULU**

Shaarnghadhara samhita  
Vata chikitsa.

**Indications:** Aamavaatam, intestinal worms, skin ailments, gulma, piles etc.  
**Dose & mode of use:** 1-2 twice or thrice daily.